theCHITIMACHA NEWSLETTER

July 1997

"SOVEREIGN NATION OF THE CHITIMACHA"

"Kop's Korner".. 2

Tribal Courts..... 3

CDC Update & Cutltural News... 4

News from the Past..... 5

News from the Past (Con't)..... 6

School Menu & Calendar..... 7

Recreation News. 8

Recreation News (Con't)..... 9

Senior Program Menu.....10

Human Services News..... 11

Bulletin Board... 12

NEWS*LETTER* EDITOR

Ted M. Darden

Chairman Ralph C. Darden

NOTES FROM THE CHAIRMAN'S OFFICE

[EDITOR'S NOTE: This month's Chairman's Notes are being written by Vice-Chairman Al LeBlanc.]

Dear Tribal Members:

As you have heard by now, the Chairman is undergoing treatment in Baton Rouge. Due to his treatment schedule, he has asked me to fill his newsletter slot during the next two months.

First, let's update on the Chairman. He is into his second week of his treatments and doing well. He has changed his plan of attack recently and has begun to drive to Baton Rouge daily for his treatments. He says it's not all that bad. I'm sure there is merit in being in your own comfortable abode. From where I sit, I can tell you, he's handling this as he does anything else, Head-On.

At the risk of rambling from point-to-point, I will briefly summarize a number of activities on-going:

- We have conducted the final surveys regarding 401K participation and will be moving forward with the retirement plan, effective October 1, 1997. It looks as though around 60% of our 950 employees will be participating.
- August 25th marks the beginning of the new hospitality degree program at USL. Approximately 15 members and/or spouses have enrolled. Good luck to all!
- Tribal Budget time is upon us. During the next 4 weeks we will be working up the first draft of all "Tribal" budgets. I say "Tribal", as opposed to "Federal". Tribal Budget is on a fiscal (Oct.1) cycle vs Federal on calendar (Jan. 1) cycle. I expect that the trend of Tribal dollars supplanting Federal dollars will continue. Congress continues to cut spending in our areas.
- I attended an education conference in Colorado with a group of our educators last week and it was absolutely inspiring. Not only were the speakers uplifting and spiritual but they also had good news. Education actually received a slight increase in funding this year....Good news for our people!

I must say that this could go on for a long time as we are constantly adding new irons in the fire. I have attempted to share but a few of these activities with you. I encourage you to ask questions about any of the items seen here or other ones of interest. Your Tribal Council and certainly the staff here are always most anxious to share their knowledge.

Until Next Month!!!

"Kop's Korner"

News from the Chitimacha P.D.
Frank McCloskey, Police Chief

JULY 1997

For the month of July, the police department issued no traffic citations and seven arrests were logged on the following charges, outstanding warrant for distribution of marijuana, disturbing the peace intoxicated, simple battery, outstanding warrant for probation violation, and outstanding warrant for failure to appear.

CONGRATULATIONS!

Congratulations to Junior Police Member, Chelsey Cook, on her first place award in the Girls 9 and 10 year old softball throw at the Hershey's State Track and Field Meet at USL on June 28. Chelsey won with a throw of 123 feet and qualified for the National Hershey's Meet which will be held in Hershey, Pa., in August. Good luck Chelsey!

POLICE UNIT WINS DESIGN AWARD

The Chitimacha Police Department has won third place in the 1997 International Police Vehicle Design Competition. More than 400 law enforcement agencies from around the world entered their vehicles in the ninth annual contest. The Chitimacha Police won in the Federal or State Agency category, one of seven contest categories. The department will receive a specially-inscribed award plaque for placing in the contest. The competition is cosponsored by Law & Order Magazine and 3M, a leading supplier of reflective and nonreflective pressure sensitive films used on vehicle fleets. Judges evaluated the vehicle graphics based on the image they project, how the graphics enhance safety, their ability to quickly identify the agency and community the vehicle represents, and the practicality of design. Entrants also had to state their policy regarding vehicle maintenance and upkeep. Winners are showcased in the July 1997 issue of Law & Order.

EXCERPT FROM LAW AND ORDER MAGAZINE— *The judges agreed that this design truly reflected the heritage of the tribal police it represents. The sleek, angled graphics that adorn the side of the Chitimacha Tribal Police car remind one of the shape of an Indian thunderbird, and are accompanied by the very traditional Tribal police patch. Chief Francis J. McCloskey described the symbols: "The center of the seal depicts the great cypress tree with the sun rising. A ceremonial pipe is superimposed on the tree. The inner circle depicts the basket weave design indigenous to the Chitimacha Tribe. Four eagle feathers hang below the cypress tree to represent the four directions."*

DEMONSTRATION DAY

On Saturday, July 26, the police department hosted a "demonstration day" at the tribal ball park. This event was originally scheduled for Saturday, June 28, but was postponed due to the weather. We would like to thank all of those that volunteered their time for the demonstration--Officer Clayton Arnold and his K-9 partner "Iwan", Deputy T.J. Carinhas and K-9 partner "Omar", members of the St. Mary Parish S.W.A.T. Team who demonstrated how entry is made to a barricaded residence and displayed the various equipment that can be used, the Baldwin Fire Department and Chitimacha/Charenton Fire Department personnel who demonstrated their extrication equipment, and Mark Mayer with Acadian Ambulance Service who showed the children the inside of the ambulance and how some of the equipment works. We thank everyone that came out to this event and hope that you enjoyed the various demonstrations.

REMINDER

SCHOOL REOPENS ON MONDAY, AUGUST 11, 1997. PLEASE DRIVE CAREFULLY AND WATCH FOR THE CHILDREN ON THE STREET AND THOSE ENTERING AND EXITING THE SCHOOL BUSES. ALSO, PLEASE OBEY THE POSTED SPEED LIMITS IN THE SCHOOL ZONES--OFFICERS WILL BE RUNNING RADAR! HOPE ALL THE KIDS HAD A GREAT SUMMER!

TRIBAL COURT NEWS
By Holly A. Robicheaux, Tribal Courts Director

CURRENT COURT STATISTICS

CASES: (16)

13 Civil Actions (11 Garnishments and 2 Civil Torts); 1 Juvenile Petition, and 2 Traffic.

MORTGAGES AND LIENS: (23)

21 Assignments;1 Security Agreement, and; 1 UCC-1 with and Assignment of Lease to Secure Mortgage

MISCELLANEOUS DOCUMENTS: (04)

1 Bill of Sale; 1 Residential Lease;1 General Power of Attorney, and; 1 Cash Sale

COURT OF APPEALS: (01)

Petition For Review (CV Tort)

TOTAL ACTIONS PROCESSED IN JULY (44)

CASES PENDING AS OF JULY 1, 1997:
TRIAL COURT: (32)

30	Civil (12 Torts/1 Probate/14 Reg. Civil/ 3 Judg. Debtors)
01	Criminal
00	Domestic Relations
01	Juvenile
00	Traffic

APPELLATE COURT: (01)

01	Civil Tort Action

COURT SESSIONS:
TRIBAL TRIAL COURT:

The monthly Tribal Trial Court session was held on July 2 1997, at which time 12 matters were scheduled to be heard;
(1) CRIMINAL (Arraignment);
(1) DOMESTIC RELATIONS (1 Hear. Pet. For Divorce);
(5) CIVIL TRAFFIC INFRACTIONS (Hearings /Trials);
(2) CIVIL TORT ACTIONS (1 Motions Hear./1 Preliminary Hearing);
(1) JUVENILE (1 Special Rev. Hear.) and;
(2) REG. CIVIL (2 Judg. Debtor Rules).

A special Juvenile Division session was also held on July 9, 1997, at which time an Initial Hearing was conducted.

AUGUST SESSION:

Our next regular session is scheduled for August 6, 1997 with open session beginning at 10:00 a.m.

TRIBAL COURTS
6 YEAR COMPARISON OF ACTIONS

1991 - 60 Total Actions
Average 5 per mth.
(44-TR/1-CR/5-DR/3-CV/5-JV/2-MISC.)

1992 - 68 Total Actions
Average 5.67 per mth.
(46-TR/5-DR/2-CV/7-JV/1-PR/7-MISC.)

1993 - 73 Total Actions
Average 6.08 per mth.
(33-TR/5-DR/11-CV/1-JV/1-CR/20-MISC./2-APPEALS)

1994 - 135 Total Actions
Average 11.25 per mth.
(81-TR/2-DR/35-CV/3-JV/3-CR/2-PR/9-MISC.)

1995 - 278 Total Actions
Average 23.17 per mth.
(78-TR/17-DR/83-CV/6-JV/3-CR/2-PR/12-MISC./75-M/L/2-APPEALS)

1996 - 459 Total Actions
Average 38.25 per mth.
(64-TR/11-DR/97-CV/3-JV/4-CR/18-MISC./260 M/L/2-APPEALS)

1997 - JANUARY THRU JUNE
1ST 6 MONTHS OF 1997

303 TOTAL ACTIONS AVERAGE 50.5 PER MTH
(27-TR/7-DR/59-CV/2-JV/3-CR/7-MISC/196-M/L/2-APPEALS)

As always, if you would like any further information regarding the Tribal Courts, please feel free to contact the Court at 923-7806.

Chitimacha Development Corporation Update
By Brian Headley

We have had many productive meetings with the Civil Engineering team for Raintree Village. We have requested, from the Corps of Engineers, a detailed Hydrology and Hydraulics report for the entire development area. This will be under the PAS (Planning Assistance to States) program, in which the Federal Government will contribute 50% of the project cost to the Tribal Government. This report will provide us with all the design and invert elevations for drainage throughout the entire development.

In addition, sealed bids for the new residential roadways and utilities within the Reservation were taken on July 11th. We had a total of 8 bids for this project and all but one were from the local area. We will be awarding these contracts in the near future in order to get this project underway. If you have any questions. Please call at 923-7215.

Cultural Department News
By Kimberly S. Walden

The Cultural Department has completed the summer beadwork classes for children. Forty children attended these classes. All children did a great job with their projects and a good time was had by all.

Julian Granberry, the linguist, will be here from Aug.3-9. Julian will be teaching a language workshop for the faculty and staff of the Chitimacha Tribal School. Julian has completed Book 1&2, Lessons in Chitimacha, an additional teaching guide, and is presently working on materials for grades K-6. These materials will be implemented into our school during the 1997-98 school year. Julian will also be in studio in order to record the audiotapes that accompany these materials. The Cultural Department is working hard to get these out to Tribal members **as soon as possible**. After all of the materials are complete, we will be teaching language classes to interested community members. More information will be given on these classes will be given at a later date.

Chris Espenshade, the expert on Southeast regional pottery from Georgia, will be here for a pottery workshop on August 16, 1997. We recently mailed him some of our pottery shards and he assured me that he can show us how these pieces were made. Additional pottery classes will be taught by the Cultural Department.

The Cultural Department has had many requests to teach a hat beading class. This class will be taught on Monday September 15,1997 at 6:00. If you are interested, bring your cap and come join us. Other materials needed will be provided by the Cultural Department.

The schedule for Native American Dance classes is being considered. Anyone interested in dancing and having suggestions on the dates and times of the dance classes should call or come by the Cultural Department.

NEWS FROM THE PAST
By: Melanie Marcotte

This month's News From the Past will be a continuation of old Chitimacha legends. These legends were used by the elders as a form of teaching life lessons and had been passed down from generation to generation of Chitimacha through oral tradition. Remember these and then when you repeat the story to others, you will have continued the tradition of the ancestors.

CHITIMACHA WENT TO THE NORTH POLE AND BACK

Documented by Caroline Dorman, 1911 in interview's with Chitimacha elders

Long time ago our people lived to be old, old---sometimes eight or nine hundred years. Once a girl, just about a hundred years old, got sick and was about to die. They hated to see her die so young, so decided they would go find out how to make her live.

A great many of the people agreed to go---several hundred, both men and women. They took everything with them. They even took corn to plant, so that if they ran out of food they could stop and raise a crop. And they did this. Then their food gave out and they stopped and raised a crop of corn, killed game and dried meat, then they went on again.

After a very long time, they came to the Cold Country. Here many of them died; some were crushed between the ice and the sky. One man who died was not even buried, and the buzzards ate him.

Finally those who were left alive got through the Cold Country. When they got on the other side, they met the spirit of the man who had not been buried. They asked him if he could tell them where to go to find out how to keep people from dying. He told them to go on a certain way and they would come to a house. By this house they would see an old man. If they would ask this old man he would tell them what to do.

After while they come to the old man, and they asked him how to keep people from dying. Now, this old man was Nete'schmeesh, chief of the spirits (This was before they knew anything about Kootna'hin. Kootna'hin is our name for the white man's God).

The old man told them that the world was getting so full of people that the old ones had to die to make room for the young ones. From that time on, people would never again live to be so old. But he showed them all the herbs that would cure sick people, but after people got old, they must die in spite of these.

Then they asked the old man how they would get back to their country. He told them to go until they come to the edge, where they could look down on their country. Then they would have to jump off. But he told them he would turn them into anything they wanted to be. So one said he would be a squirrel. He was turned into a squirrel, but when he jumped down, he was crushed to death. Several others chose the forms of different animals, but were crushed to death. Then one said he would take the form of an eagle; he got down safely. The next said he would be a spider, and he spun his web down and was saved. All of the people had died before they got there except eight, and only four got down safely.

When these four got back, the girl was dead. They had been gone a very long time. But after that, people knew what herbs to use to cure sickness. Only the very old people died. But nobody lived to be much over a hundred any more.

LEGEND OF THE SACRED CYPRESS, CALLED THE RAIN TREE

Documented by Katherine Nave Hester, in interview with Ernest Darden 1955

In past years, the Rain Maker was a very important member of the Tribe. Through his inherited gifts he could bring rain to break any drought, said the legend, by dipping in water at any spot a twig from that Sacred Rain Tree. They tell of droughts broken by this method as far west as Texas; all up and down the Teche. In the earliest ages, runs that legend. The Chitimachas one day saw running swiftly through the land a man of magnificent build and handsome manly countenance, trying to elude a group of evil looking pursuers. As the pursuers gained on him, he climbed a great cypress tree. The evil ones followed him. But before they could lay hands on him, he rose from the tree tops and ascended into the skies. They interpreted the episode to mean that the fleeing one was the Great Spirit, and forever they held the tree sacred. Then by accident they discovered that splashing water on the trunk of that tree brought rain. Thereafter they discovered that some could bring rain by dipping a twig from that tree in water anywhere.

(Continued on Page 6)

(Continued from Page 5)

RATTLESNAKE LEGEND FOR SNAKE BITES

Documented by Katherine Nave Hester, in interview with Robert Vilcan and Ernest Darden

Famous are the Chettimanchis for their cure for snake bite. And ancient indeed is the legend that tell how they discovered it. Ages ago, they tell you, their medicine man and a companion were walking in the woods, saw a rattlesnake and a moccasin fighting. Each snake wounded the other. They crawled away on two different trails. The medicine man followed the moccasin, his companion the rattlesnake. Each observed each snake eating herbs for his healing. By the same method they learned how to treat other snake bites.

CHITTIMACHA INDIAN MEDICINE WOMAN WHO SAW HUGE STONE FALL

Documented by Katherine Nave Hester, in interview with Robert Vilcan

Next in rank to the chief of the tribe always has been, they say, the medicine-man or medicine woman, their herb doctor. Robert Vilcan, fisherman, whose ancestress long ago is said to have been a herb woman who had devoted her life to the healing ways for the tribe, tells how the legend goes that once she saw a stone fall from the sky. In this manner, the legend relates, the Great Spirit told her that her life was almost gone. Side by side with her things used for her medicines, she buried the stone in the middle of the field. With her own hands she built a mound above the spot, instructing the tribe that she was to be buried there at here death. She warned her children and the other members of the tribe that anyone who touched the spot would surely die. The legend relates that a foolhardy plowman is the only one who ever dared violate that injunction. He plowed through the mound. Instantly he fell dead. Ever since the mound has grown weeds and brush unhampered, untouched, in the middle of a wide cultivated field. Nobody dares disturb it to see what relics the ancient medicine woman buried there in the long, long ago.

THE OLD COUPLE THAT TURNED INTO BEARS

Documented by Frances Densmore, 1933

Long ago an old couple raised two nephews. When the boys could talk they called the old people their grandparents. One day the old woman said that she was going into the woods to get some firewood, and she went away. The children were about half grown at that time. Late that evening the boys went to look for their grandmother and instead they saw a bear. The younger boy said, "That is not a bear. That is grandmother." He wanted to got to her but the older boy said. "No, let her alone." The children went home and said to the old man, "We saw grandmother but she was hairy." Soon afterward the old man went for wood. Next morning the children went for wood and saw a bear that ran from them. Later the old woman came back, and again she went for wood. The children sought her a second time and saw only a bear. Both children cried, and the older boy began to sing a son so they would forget the change in their grandmother. It was said that each song occurring in the stories had a different melody, though none was remembered. Three times the grandparents went away, returned and found that the children had been all right without them. They went away a fourth time and never came back. They did so the children could become self-reliant and able to make their own living.

NOTE: Benjamin Paul said that a family called he'kaaton cannot eat bear meat because their ancestors turned into bears, and the old Indians would not eat bear meat because they thought the bear related to human beings.

THE OLD COUPLE THAT TURNED INTO DEERS

Documented by Frances Densmore, 1933

An old couple lived in the woods, as in the preceding story, and the old woman went away every evening. Once she did not come back and the man said, "What has become of my wife?" It was too late for him to search for her that night so he waited until morning. Then he saw something in the woods and said, "That looks like my wife, The nose and ears are hers." But when he saw that he recognized her, she ran away. The man sang a sad song with the words, "My wife went away like a deer." (Here occurred a song)

The next spring he did as his wife had, going into the woods and changing into a deer. Then the eldest daughter sang a sad song which no one remembers at the present day. A few months afterward the old couple returned and they were hairy like deer. One of the children asked, "How did this happen?" They replied, "We had to have deer hair on our bodies." The oldest daughter said, "That is odd." Then she sang a sad song which, like the others is now forgotten. Each of these songs has its own words and melody. When the old couple went back into the woods they never returned. Their descendants cannot eat the meat of the deer.

***NEXT MONTH - A complete list of Chitimacha chiefs from early 1700 to the present date, the names of the villages they were at and some actual happenings during that time period in relation to the chiefs.**

CHITIMACHA TRIBAL SCHOOL
DAILY MENU SCHEDULE
AUGUST 1997

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
August 11, 1997 **Breakfast** Grits, Boiled Egg, Juice & Milk **Lunch** Spaghetti w/Ground Beef, Sweet Peas, Roll, Fruit & Milk	**August 12, 1997** **Breakfast** Waffle, Ham, Juice & Milk **Lunch** White Beans w/Rice, Baked Ham, Salad, Roll, Fruit & Milk	**August 13, 1997** **Breakfast** Cereal, Toast, Juice & Milk **Lunch** Hot Dogs w/Chili, Tator Tots, Cake, Fruit & Milk	**August 14, 1997** **Breakfast** Cinnamon Buns, Ham ~~Sticks~~, Juice & ~~Milk~~ **Lunch** Oven Fried Chicken, Rice Dressing, Baked Beans, Roll, Fruit & Milk	**August 15, 1997** **Breakfast** Biscuit, Sausage, Juice & Milk **Lunch** Pizza (Pepperoni & Cheese), Salad, Cookie, Fruit & Milk
August 18, 1997 **Breakfast** Danish, Cheese Sticks, Juice & Milk **Lunch** Baked Pork Chops, Spaghetti and Cheese, Salad, Fruit & Milk	**August 19, 1997** **Breakfast** Eggs, Toast, Juice & Milk **Lunch** Red Beans w/Rice, Sausage, Salad, Cornbread, Fruit & Milk	**August 20, 1997** **Breakfast** Cereal, Hash Browns, Juice & Milk **Lunch** Sloppy Joes, French Fries, Cookie, Fruit & Milk	**August 21, 1997** **Breakfast** Ham & Cheese Buddies, Juice & Milk **Lunch** Shrimp Stew w/Rice, Potato Salad, Roll, Fruit & Milk	**August 22, 1997** **Breakfast** Biscuit, Sausage, Juice & Milk **Lunch** Chicken Nuggets, Creamed Potatoes, Sweet Peas, Fruit & Milk
August 25, 1997 **Breakfast** Pancakes, Sausage, Juice & Milk **Lunch** Tacos, Salad Cornbread, Fruit & Milk	**August 26, 1997** **Breakfast** Breakfast Pizza, Juice & Milk **Lunch** Breaded Chicken Patti, Baked Potato, Salad, Roll, Fruit & Milk	**August 27, 1997** **Breakfast** Cereal, Toast Sticks, Juice & Milk **Lunch** Beef Tips w/Rice, Creamed Corn, Roll, Fruit & Milk	**August 28, 1997** **Breakfast** Grits, Sausage, Juice & Milk **Lunch** Baked Chicken, Rice Dressing, Beets, Fruit & Milk	**August 29, 1997** **Breakfast** Biscuit, Sausage, Juice & Milk **Lunch** Chili Fritos, Salad, Cornbread, Fruit & Milk

CALENDAR OF EVENTS

August 11, 1997 - First Day of School
(Children will be released at 1:00 p.m.)

August 25, 1997 - Open House

REMINDER TO MOTORISTS!!!

Please drive carefully and watch for the children on the street and those entering and exiting the school buses. Also, please obey the posted speed limits in the school zones -- officers will be running radar!

HOPE ALL THE KIDS HAD A GREAT SUMMER!

Recreation News
By Jeri St.Blanc

July has been a very busy month. The pool has added an excellent recreational activity. Kids have been enjoying the pool from 1:00 - 4:00 for recreational swim and 6:00-8:00 P.M. for family swimming. We are proud to report no accidents for the first month of operation. Our guards are watching the pool providing a safe environment for you and your family. Parents are sending a high school caretaker to watch little ones 5 years old and younger. This helps our guards to have another pair of eyes on the little ones.

We've had a busy pool schedule. The guards will finish their JTPA jobs Aug. 1. However, they have agreed to volunteer their time to lifeguard the pool aug. 2-10 so that we can continue swim hours with guards. It makes me proud to have our young workers so dedicated to providing the recreation activity. Thank you **Carlie Soprano, Adrianne Cook, Nikina Vilcan,** and **Christina Dwyer** for an extremely well done job. **Zack LeBlanc** and **Lacy Soprano** have also added refreshments for guards and participants.

With school beginning **August 11th** , the pool hours will change. Recreational swimming will be on **Saturday and Sunday from 1:00-4:00.** We will continue family swimming from **6:00-8:00 everyday.** Please continue to follow the pool rules so we can continue to provide a safe facility.

Your children have greatly improved their swimming skills. Just providing an opportunity has given them a chance to improve on a daily basis. Swimming lessons were very successful. The first week of lessons included 3 classes; a 6 year old class, 7-8 year old and adults. The adult classes lasted 2 weeks. They made remarkable progress. The ladies should be proud. They did super!

The second week included the minnows (three year old class and four year old class). In addition, the adults completed their second week.

The last session included our advanced swimmers. They learned advanced swim skills to apply to a future swim team. The absolute cutest were the tadpoles, which included the our infants to two years along with their Moms. They explored the aquatic environment, splashed, and learned how to go under water.

We had several members of our track team to place at the Hershey State Meet. **Arielle Darden** placed fourth in the girls 9-10 long jump. **Tasia Bernard** came out third in the girls 11-12 softball throw and sixth in the 100 meter run. **Grant LaGarde** placed fifth in the boys 11-12 softball throw. **Jarrod Deslatte** placed third in the mile run and sixth in the long jump. The most exciting was **Chelsey Cook** in the 9-10 softball throw. She captured first place in the event with an impressive 123 ft. throw. **Chelsey** was selected to the All State Track Team to compete in the National Hershey Meet in Hershey, Pennsylvania. She, along with her mom, Heloise; grandmother, Lorena; and her sister, Shannon will fly out August 7 to attend the four day event. Hershey sponsors the event. They will tour the Hershey factory, Hershey Factory Store, and the Hershey Amusement Park. Lots of fun and exciting activities are planned. The most exciting is the opportunity to compete against the best 9-10 year old girls in the United States. **Chelsey's throw of 123 ft, is better than last years National Champion's throw of 120'10".**

Good Luck, Chelsey!! ,Your Tribe is proud of you. Only eight kids from the entire United States were selected to compete in this event. Our prayers are with you and your family for your safe return.(Chelsey and Greg Gautreaux (Lafayette's Recreation Director is pictured below)

Special recognition also goes to **Jarrod Deslatte.** He recently, on July 19, competed in the **Louisiana Dream Mile** in Baton Rouge. **Jarrod placed second in the 19 and under division.**

(Continued on Page 9)

(Conintued from Page 8)

If you signed up for ***SOCCER CAMP***, remember to report to **Caffery Park**, August 11-15th from 5:00-8:00 P.M. You need shin guards and a soccer ball. It's supposed to be an excellent camp.

Soccer Team Registration for ages 6-14 is planned for August 18th at 6:00 P.M. in the Chitimacha Gym. We are holding the registration in Charenton for your convenience. However, in order to make sure no one is left out, I need a parent to come in, sign up each child and bring the child's birth certificate. I will need a copy for each sport you child plays in. If you miss the registration, you can register at Caffery Park August 20-21 at 5:00-7:00. I will not be able to add anyone after this date. Please make every effort to register so that no one gets left out. If you do not have a copy of your child's birth certificate, you can call the Health Dept. at (923-9955).

The games will be played at Caffery Park on alternating days of fall baseball. Yes, baseball continues. Believe or not, baseball is back. We will be playing Fall Baseball in Franklin at Caffery Park. Ages 8-12 can play. This league prepares your child for the Spring League. For your convenience, we will register at the Chitimacha Gym on the same night as Soccer and Cross Country (August 18th at 6:00 P.M.). Remember to bring a birth certificate. For Fall Baseball, you can not turn 13 before July 1st to be illegible to play.

Cross Country running will also begin soon. Ages 8-18 can train for the sport. Anyone older interested in running is welcome to train with us. There are several races/walks that any age can participate in. Once again, we will register at the Chitimacha Gym on August 18th at 6:00 P.M. A schedule of practices for each sport will be handed out at this time.

Matthew and Maggie Darden participated in the Pee Wee Summer Track Program. The program ended with a track meet on July 19th. **Maggie** captured 3 first place ribbons in the 25 meters, 55 meters and the relay team. **Matthew** won the 400 meter dash and came out 2nd in the 100 meter dash.

Our Chitimacha Little League team was treated to a trip to see AAA farm club of the Houston Astros, The New Orleans Zephyrs, play in their brand new stadium. Jefferson Parish President Tim Coulon, and the Zephyr staff provided box seats free of charge. Everyone had a great time.

Ben Darden and **Grant LaGarde** were selected to the 9-10 year old All Star Little League teams that played in Lake Charles July 11-12. Ben played for Baldwin and Grant Played for the Jeanerette All Stars.

Aerobics has grown to four nights per week. **Monday and Thursdays** are water aerobics and **Tuesdays and Wednesdays** are floor aerobics. Everyone is encouraged to come out and join the class.

Adult Basketball (out of High School and up) will begin in September after Labor Day. After that every Monday the Chitimacha Gym will be opened at 6:30 - 8:00 P.M. for adults to play ball. If interest shows, a 3 on 3 League will be formed.

Employee Fitness has really taken off. We have lots of employees taking advantage of this generous benefit from the Tribe. Congratulations on making this commitment for your health. Many have reported health benefits from this service. Among the participants, Carolyn Savage is reaping the benefits. She reports her progress from this innovative program.

> "I have had a problem with bending my right knee for quite a while. It was getting increasingly worse and I was limping and sometimes hobbling around. When the pool was opened in July, I was instructed in some water exercises for my knee. I took advantage of the employee fitness program and started swimming and exercising my knee regularly. In just two weeks I could see a huge improvement in my knee. It's much more flexible and I feel much better."

Hopefully we'll have even more employees take advantage of this generous employee benefit.

I would like to take this opportunity to express my congratulations to our ***LIFEGUARDS***. Before I can tell you why, I must tell you all of the story. On July 30th, two strange young adults walked into the multipurpose building. They asked Debbie if we had a pool. Debbie told them yes but asked them if they were tribal members. They said no and then asked for the restrooms. After using the restrooms, they left without leaving their names. Debbie called and told me that two young people were here asking about the pool and acting strange. I was on the lookout for them and soon they drove up in the parking lot. They didn't get out. They looked around then left. After about 30 minutes they returned with a video camera. I walked out to question them but soon found out they were here to audit the pool and the lifeguards. They had been filming the guards on duty from a distance. They used **Boo Toups** in the mock rescue. Our guards performed a deep water unconscious victim rescue and did an excellent job. This surprise audit is done for our protection to assure you that our facility is indeed safe and our guards are competent.
SUPER JOB GUARDS!!!!!

CHITIMACHA SENIOR PROGRAM CALENDAR
DAILY MENU SCHEDULE
AUGUST 1997

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				August 1, 1997 Fried Catfish, Potato Salad, Appetizer, Rolls and Fruit
August 4, 1997 Smothered Steak, Green Beans, Rice, Pie, Rolls & Salad **Activity:** Lil Bingo	**August 5, 1997** Baked Chicken, Creamed Potatoes, Sweet Peas, Jello, Rolls & Salad **Activity:** Lil Bingo	**August 6, 1997** **Breakfast** Ground Meat Spaghetti, Potato Salad, Garlic Bread, and Fruit **Activity:** Shopping	**August 7, 1997** Red Beans, Sausage, Asparagus, Rolls & Pie **Activity:** Lil Bingo	**August 8, 1997** Shrimp Stew w/Rice, Potato Salad, Rolls & Fruit
August 11, 1997 Chicken Stew w/Rice, Corn, Salad, Rolls & Ice Cream **Activity:** Lil Bingo	**August 12, 1997** Pork Roast, Lima Beans, Rice, Yams, Rolls & Pie **Activity:** Lil Bingo	**August 13, 1997** **Breakfast** Meatloaf, Creamed Potatoes, Corn, Rolls & Surprise **Activity:** Shopping	**August 14, 1997** Red Beans w/Rice, Sausage, Garlic Bread, Cauliflower n/Broccoli & Pudding **Activity:** Lil Bingo	**August 15, 1997** Hot Dogs, Chips, Veggie Tray & Fruit
August 18, 1997 Fried Pork Chops, Cheese Potatoes, Corn Rolls & Pie **Activity:** Lil Bingo	**August 19, 1997** White Beans, Meatball w/Tomato Gravy, Corn, Rolls & Surprise **Activity:** Lil Bingo	**August 20, 1997** Brisket, Green Beans, Rice Dressing, Rolls & Cake **Activity:** Lil Bingo	**August 21, 1997** Baked Chicken, Macaroni n/Cheese, Corn, Rolls & Jello **Activity:** Shopping	**August 22, 1997** Fried Catfish, Salmon Patties, Potatoes, Rolls & Fruit
August 25, 1997 Beef Roast, Blackeye Peas, Rice, Asparagus, Salad, Rolls & Pie **Activity:** Lil Bingo	**August 26, 1997** Smothered Chicken, Crowder Peas, Rice, Salad, Rolls & Pudding **Activity:** Lil Bingo	**August 27, 1997** Pork Chops, cheese Potatoes, Corn, Salad, Rolls & Fruit **Activity:** Shopping	**August 28, 1997** Smothered Steak, Lima Beans, Rice, Salad, Broccoli, Rolls & Ice Cream **Activity:** Lil Bingo	**August 29, 1997** Tuna Fish Sandwiches, Salmon Patties, Tator Tots & Fruit

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Hazel Smith	*8/6*	*Ann Olds*	*8/20*	*Andy Vilcan*	*8/29*
Russell Persilver	*8/12*	*Huey Darden*	*8/23*	*Mary Bernard*	*8/30*
Dorothy Newman	*8/17*	*Leroy Landry*	*8/26*	*June Newman*	*8/31*
Mary Mora	*8/18*	*Archie Vilcan*	8/27		

HAPPY BIRTHDAY TO ALL OF YOU AND HAVE MANY MORE!!!

Human Services Department
By Lois Rider

We have a new face in the Human Services Department now. We would like to welcome Dawn Fisher to our staff. She is the new Case Manager/Youth Coordinator. Dawn graduated from the University of Southern Mississippi with a Master's Degree in Social Work. She is from Franklin but currently lives in Lafayette. Her main focus here will be to work with the older youth of the community. She is going to be starting some groups for Teens and Adults. Following is a short description of the three groups she will be conducting. Anyone on the Reservation is welcome to attend the groups. They will begin the first week of September. All of the meetings will be held in the Conference Room of the Health and Human Services Building.

Women's Support Group: 1:00 PM to 2:00 PM on Tuesdays

A confidential meeting for women to safely express emotions and empower each other.
It will be a place to find other women who believe in you. Topics of discussion will include but not be limited to Coping with Stress, Grief and Loss, and Anger Management. The group will decide on other topics to be discussed.

Men's Support Group: 6:00 PM to 7:00 PM on Wednesdays

A confidential meeting for men to meet with other men and share their frustrations and concerns. They will be able to share ideas on dealing with such issues as stress, anger, frustration and other problems that arise in every day life. They will also decide on what topics they want to discuss at the meetings.

Teen Support Group: 3:30 PM to 4:30 PM on Wednesdays

The life of a teenager is not the easiest time. This will be a confidential meeting for both boys and girls age 13 and up. It will provide a place for teens to vent their frustrations over problems with parents, friends, girl/boy friends, etc.. Topics may include Anger Management, Date Rape, Coping with Stress or Depression and others the group decides on.

Recently Lois Rider went through training to be certified in Hypnotherapy. We will be starting a group for anyone (male or female) to not only loose weight but to maintain their weight. The group lasts for three hours so it will have to meet in the evenings. It will begin the first week of September as well as the groups Dawn will be doing. The weight group will meet on Monday nights from 6:00 until 9:00. If you are interested in the group, contact Lois Rider at 923-7000 to enroll as we need to know how many to expect so that we will know what room to use. Hypnosis has been used successfully for many things and people are sometimes afraid of it. If you have any questions about it, do not hesitate to contact Lois.

Social Security Update:

Social Security is making sure widows and widowers who are receiving survivors benefits don't miss out on the opportunity to get a higher retirement benefit. Using a new automated system, Social Security is now reminding surviving spouses four months before they reach age 65 that they may be eligible for a higher benefit based on their own earnings record. For more information on benefits for widows and widowers, call toll free 1-800-772-1213 and ask for the booklet, Retirement.

People who apply for Supplemental Security Income (SSI) should be aware that Social Security may count the income of others to determine what income is available to them. This is sometimes confusing to needy people who are age 65, or blind or disabled seeking to prove that their income falls within the SSI limits. There are exceptions to deeming of income, and not all types of income count. For more information about deeming of income and how it may affect you, contact your Social Security office.

COMMUNITY BULLETIN BOARD

Call Debbie @ 318 923-4973 to place an Ad

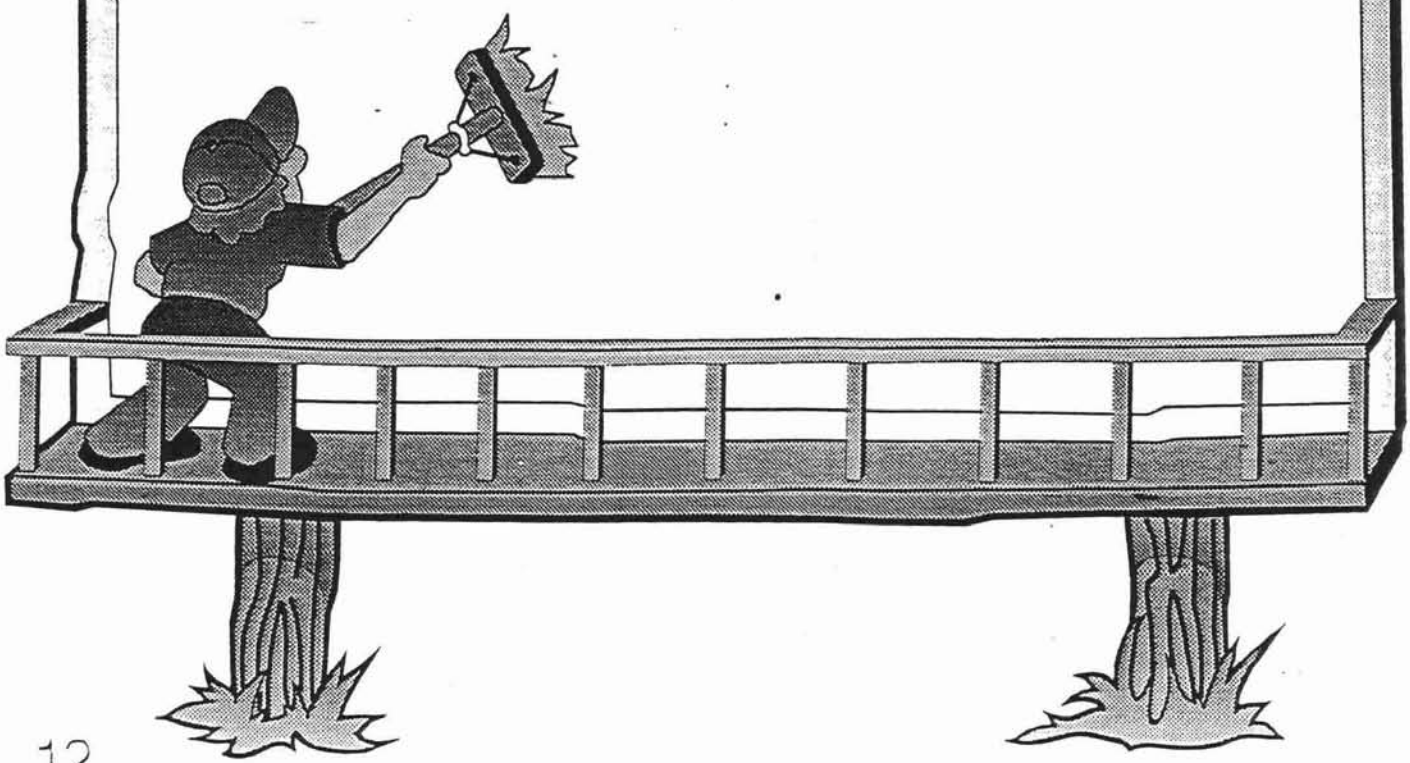
CHITIMACHA TRIBAL SCHOOL
CALENDAR OF EVENTS

August 11, 1997 - First Day of School
(Children will be released at 1:00 p.m.)

August 25, 1997 _ Open House

Required Documents for New Students that
will be attending the Chitimacha Tribal School

(1) Copy of Social Security Card
(2) Copy of Birth Certificate
(3) Copy of Immunization Records
(4) Certificate of Degree ~~of~~ Indian Blood



Chitimacha Tribe of Louisiana
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